

A high-angle, wide shot of a rugged mountain valley. In the foreground, a dark, winding road follows the edge of a wide, shallow river. The river's water is a milky, light brown color, typical of glacial meltwater. The surrounding slopes are steep and barren, showing distinct horizontal layers of sedimentary rock and patches of light-colored scree. In the distance, a range of jagged, snow-capped mountain peaks rises against a sky filled with heavy, grey clouds. The overall atmosphere is one of wild, untamed nature.

**ADVENTURUSH**

## INCLUSIONS

- **Accommodation** – Twin or triple sharing based on group size.
- **Veg Meals** – Breakfast and dinner for trek days
- **Expert Instructor** – Trained and experienced trekking instructor and guide.
- **All Camping equipment like** - Camping Tent, Sleeping bag/ Mattresses, Kitchen & dining tent, Utensils, Toilet tent.
- **All Permits & Fees** – as applicable.
- **Medical Kits** - First aid kit, Oxygen cylinder, Stretcher
- **Cook/ Support staff** – for your delicious meals and other support.

## EXCLUSIONS

- **Personal expenses** – such as Telephone, Laundry, Tips and Table Drinks etc.
- **Insurance** - Medical, Accidental, theft
- **Airfare / Rail fare**
- **Pickup and Drop** – from Airport, Railway station or Bus stop. Please contact vendor partners post booking, if pickup and drop facility can be provided on request, at additional cost.
- **Personal Porter**
- **Beverages**
- **Stay in Guest house/ Home stay** – Stay will be provided in camping tents.
- **Medical Emergencies** - any injury or medical emergencies sustained by the adventurers during the activity.
- **Any additional cost** - including stay and food, that arises due to extension, change of itinerary due to natural calamities, roadblocks, bad weather or any other unforeseen circumstances beyond our control.
- **Anything not listed under “inclusions”.**

## ITINERARY

### **Day 1: Arrival at Barshaini Base Camp - Kheerganga | 13 kms | 6-7 hours | 9,700 ft**

Upon reaching Base start your exciting Kheerganga Trek. A small village near Kasol, Barshaini is the point of confluence of the Parvati and Tosh River.

Trek for around 13kms along the gushing Parvati River and pass through the tranquil villages of Kalga and Pulga. Upon reaching the green meadows of Kheerganga, take a refreshing dip in the hot water spring to rejuvenate and relax yourself.

Later enjoy a bonfire near your camp. Overnight stay at the camp.

### **Day 2 - Trek Kheerganga - Barshaini**

Wake up to the most stunning view of the beautiful mountains. After breakfast, check out from the camps and enjoy the Kheerganga trek back to Barshaini. Your trek concludes after reaching Barshaini.

